



A MONTHLY NEWSLETTER FOR HOSPICE OF HAVASU VOLUNTEERS

Massages offered

All volunteers are eligible for a chair neck/back massage for \$2!! (Volunteers Services pays the remaining amount). There are several openings each month and you must call Volunteer Services to reserve your date/time. The massages are provided at the main office and are approximately 15 minutes in length. The dates for January are Tuesday, Jan 11, Tuesday January 25, and Wednesday, January 26. All times are in the afternoon beginning at 3:45.

New director takes helm

Adrian Farmer is the new Executive Director for Hospice of Havasu.

Farmer began his duties as the director Dec. 6, directing an agency with more than 100 employees, serving patients and families in Mohave and LaPaz counties.

A veteran of work in healthcare and longterm care, Farmer comes here from east Tennessee, and has a varied work background in the healthcare field.

He worked overseas for many years, in Saudi Arabia, Egypt, the Philippines and Palau, and in the USA with Appalachian Regional

Healthcare, Navajo Health Foundation and the Athabaskan Tribal Government.

"I am honored to have been selected to lead this organization and to be a part of the growth and future of Hospice of Havasu," Farmer said. "I am excited about the opportunities that lie ahead."



Dr. Farmer

Farmer has a PhD in Health Services Management from Century University. He earned a Bachelor of Science Degree in English from East Tennessee State University in 1977 and a Masters of Healthcare

Administration from the University of Mississippi in 1980. He is a Board Certified Healthcare Executive and a Certified Aging Services Professional.

Hospice of Havasu was founded in 1982, and was a pioneer in education about hospice and palliative care in western Arizona.

Valentines Day party planned

How Sweet it Is...save the date! A Valentine celebration is in the works for Monday, February 14 at the London Bridge Meeting Room from 2-4pm. Watch for details in the February newsletter!

REMINDER

OFFICE CLOSED: MONDAY, JANUARY 17 - Martin Luther King Day



Kathy Wesley, nurse at Polidori House was the proud recipient of a \$25 gift card for participating in Hospice of Havasu's Volunteer Referral Program. This on-going opportunity is available to any staff or volunteer who refers an individual that becomes a volunteer

and completes 40 hours of volunteer service. As an added bonus, anyone who refers an individual in the Bullhead City area is eligible for a \$50 gift card!!! Executive Director Adrian Farmer, Denise and Mike are pictured with Kathy.

New volunteers

Not pictured:
Donna Langford

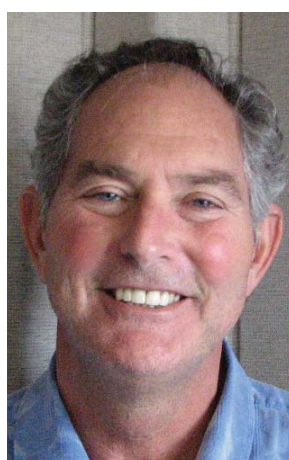
Joyce Simpson
Barbara Muller



Charlene Cederberg



Austin Spiering



Herb Macey, PA



Lauren Hewus



Summer Mason, FNP

Continuing Education teaches relaxation

Volunteer Continuing Education for the month of January will be provided by volunteer Dr. Pam Meyers. This is an interactive session

on Relaxation Techniques/ Energy Work. Individuals will have opportunity to experience relaxation using music/breathing/visualization, etc. The floor of the Meeting will be utilized and participants should wear comfortable clothing and bring a blanket and pillow. (seating also provided). The dates/times are: Thursday, January 13, 4-5pm or Friday, January 14, 10-11am at the London Bridge Meeting Room. Please RSVP as refreshments are provided.



Great party!

HO HO HO!! The annual Volunteer Holiday Party on December 22nd was an afternoon of fun. Singing and dancing was led by volunteer J. Karen Smith, a heartwarming story was read by Jenny Wern, favorite Christmas memories were shared by all, games were played, Santa handed out gifts to everyone, and of course, the food/refreshments were a big hit. For ALL volunteers who were unable to attend, Santa left your gift at the main office, so as soon as possible, stop by Volunteer Services and pick up your gift! Please hurry in as Denise and Jennifer have run out of room in the office!!!

Annual Luncheon scheduled April 16

As a reminder, mark your calendars for Saturday, April 16 from 11-1pm. The Volunteer Annual Recognition Luncheon has been scheduled and arrangements are being finalized.

This elaborate event is many months in the planning and is to honor and thank volunteers. Hospice of Havasu/Volunteer services looks forward to your attendance. Thank-you.

S.T.A.R.

(Special Thanks And Recognition)

TO: Animal Assisted Activities volunteers who visit patients in their private homes/facilities with trained/ certified dogs. Not only does the human volunteer meet and maintain volunteer requirements, but the 4-legged volunteer does the same. The staff also enjoys visits when the animals come to the office.

January birthdays:

Olga Darling.....01/05
Barbara Hutton.....01/06
Sandy Carver.....01/08
Nancy Frank.....01/09
Pamela Meislahn.....01/14
Carlene Smith.....01/16
Jocelyn Ventura.....01/18
Harry Wilson.....01/24

January anniversaries:

Richard Scartozzi 2 years
Thecla St.Clair 2 years
Jean Higgins 2 years
Jocelyn Ventura 1 year

Cultural diversity program topic

Looking ahead to February the topic will be Cultural Diversity; volunteer Noriko Ishida will share information on her country of origin - Japan. Watch for dates/times in the February newsletter.



Noriko Ishida